

# Ebor Public School

Principal: Lee Rose

Relieving Principal: Nat McNeill

02 67 759 136



## Term 1 Week 11 2025

### Calendar of Events

#### Weekly

Breakfast Club 8am to 8.45am

**Monday – Explicit Learning**

**Tuesday – Explicit Learning**

**Wednesday – Explicit Learning**

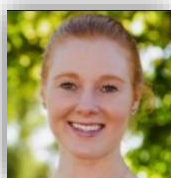
**Thursday – Explicit Learning**

**Friday – Library & Canteen – Food heating day**

#### School hours

**Start time: 8.50am**

**Finish time: 2.50pm**



### Principal & Relieving Principal's Report

The second half of this term has been filled with learning, sports, friendship, and fun. Congratulations to all staff and students on their great achievements. Congratulations also go to students who have had excellent attendance. We are appreciative to all families for providing reasons for absences when a day off school is needed. We know that consistent attendance is vital for student success, and we want to commend our students and families for their commitment to being present and engaged in learning.

### **Changes from Term 2**

Next term will see a few changes in our school. Firstly, Ms Lee Rose is stepping down from her 1 day per week principal role, into her APCI role full-time. We congratulate Lee on her new position as APCI at Tenterfield High School being a new position as well as Ben Lomond, Bald Blair and Ebor. We wish Lee luck in this new adventure and look forward to continuing to work with her for her APCI 1 day per week which will be on a Monday. This will mean that Miss Nat McNeill will be our full-time principal from the beginning of Term 2. Please do not hesitate to contact her with any queries or concerns you may have. Secondly, Mrs Tanya Blackie will be taking on the role of classroom teacher for three days per week. We are excited to welcome Tanya into our school more regularly again. We hope you enjoy your holiday break and look forward to seeing you after the holidays for Term 2, with many exciting events already planned.

### Cross Country at Bald Blair

Well done to Teddy, Dim, Ant and Max who braved the bleary weather to run their cross country races today. You all did a fabulous job and showed wonderful sportsmanship throughout the day.







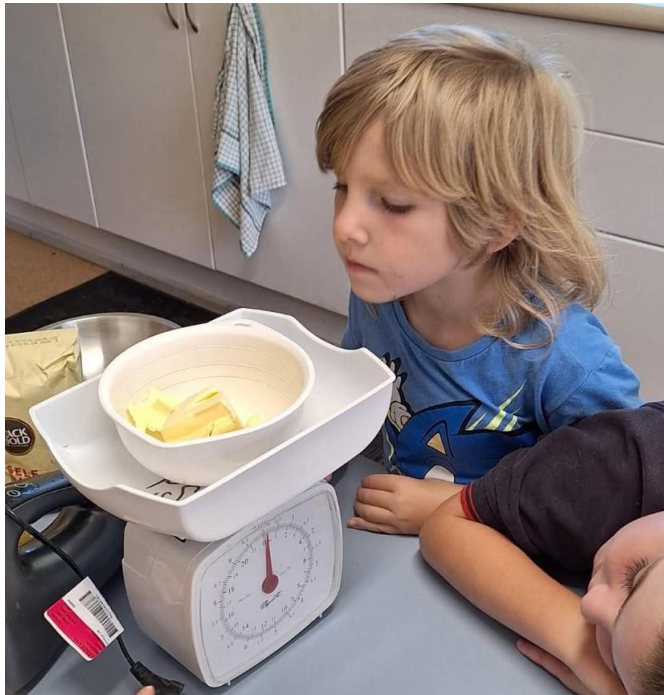


## Harmony Day

Harmony Day is a great opportunity to celebrate diversity and inclusiveness within the school community. Preparing and sharing yummy treats can be a fun way for students to engage with different cultures and traditions.

We celebrated by wearing orange, making Persian orange cake and loaded Mexican dip, and sharing these goodies and more with friends and family for morning tea.

We also learnt that popcorn has an Aztec origin and jelly, and sponge cakes are from England. Delicious!

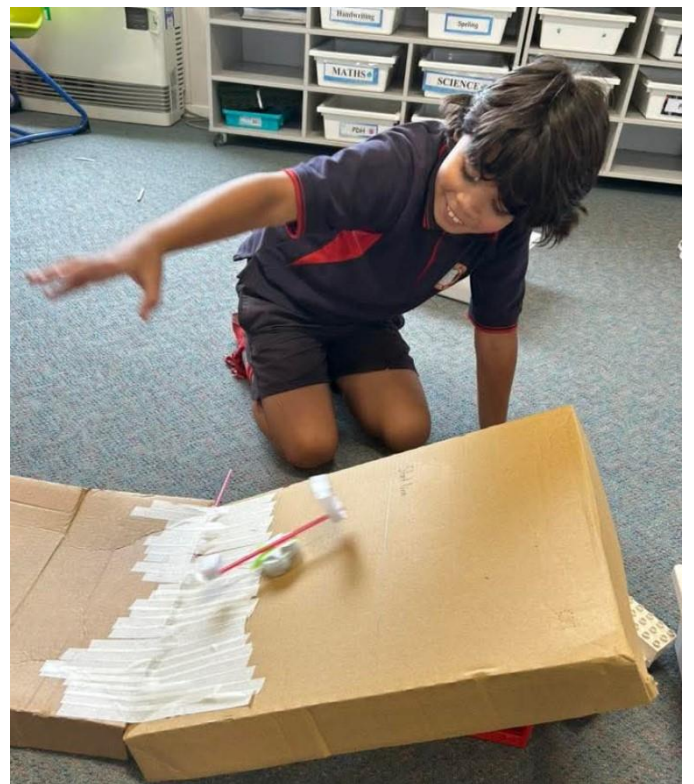






## Science lessons

In Science, students have been investigating push and pull forces. This week they endeavoured to build a self-propelled vehicle.



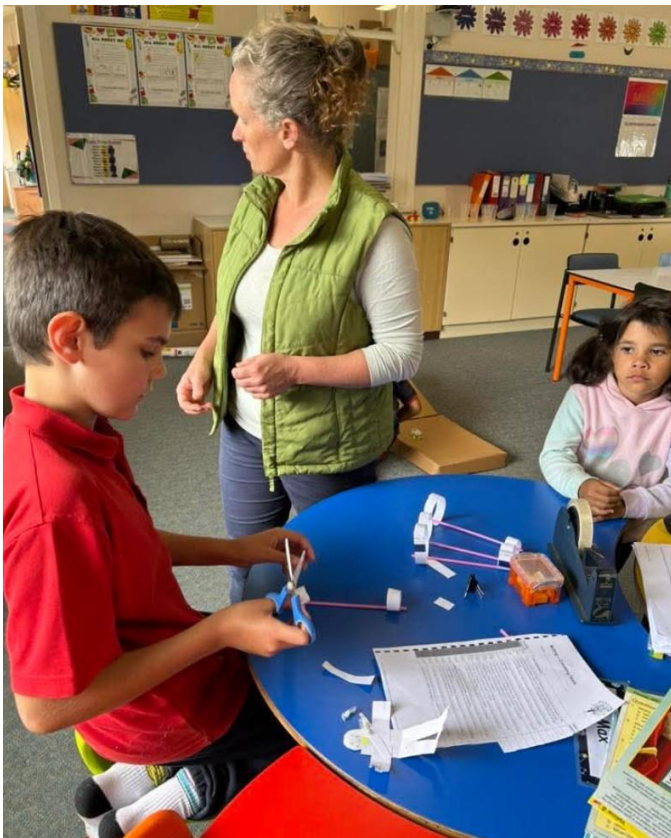




## Paws Up

Our monthly Paws Up visit was great fun!

We loved seeing the dogs and reading to them again. Some of our favourites include Gidgee, Texas and Whisky.











**Birthdays!**

**Pax and Zen turn 7**



## NEW everyday lunchbox ideas

Kids love variety and there are always new things to try.  
Have you tried any new everyday lunchbox items recently?

Here's some ideas:

- Mini rice wheels
- Roasted fava beans
- Zucchini slice
- Scones – plain, fruit or with a thin spread of topping



Mini rice wheels



Fruit scone



Roasted fava beans

For more ideas and recipes, visit [www.swapit.net.au/recipes](http://www.swapit.net.au/recipes)



## Top Nutrition = Top Marks

Welcome to SWAP IT!

SWAP IT supports you to make informed choices about your child's health and wellbeing. Good nutrition leads to greater wellbeing for your child and can even have a positive impact on how well they do in class.

One swap from a sometimes food to an everyday food can make a big difference.

Here are some great ideas you can swap today:

- Cake to scone.
- Chips to popcorn.
- Juice to plain milk.

**SWAP FROM**



Chocolate cake



**SWAP TO**



Fruit scone

You will receive weekly tips and ideas about healthy swaps you can make!

For more tips on making a swap visit: [www.swapit.net.au/swaps](http://www.swapit.net.au/swaps)



## Add a splash of rainbow

Wow your kids by making everyday lunchboxes fun, colourful and appealing. Lots of colour means lots of different vitamins and minerals.

Swap out cupcakes or lollies and swap in:

- Grapes or berries – sweet, shiny and juicy!
- Rainbow vegetable sticks – try carrot, green beans and capsicum
- Our rainbow recipes – Lunchbox rainbow noodles, rainbow vegetable kebabs or fried rice salad for a colourful vegetable hit!



Find the recipes on the SWAP IT website [www.swapit.net.au/recipes](http://www.swapit.net.au/recipes)

## WHAT ARE EVERYDAY AND SOMETIMES FOODS



## EVERYDAY LUNCHBOXES BOOST PERFORMANCE



- ☒ Prepares your child to learn
- ☒ Gives energy to play
- ☒ Linked with better behaviour
- ☒ Improves concentration
- ☒ Boosts school performance
- ☒ Keeps teeth healthy

"My kids enjoy everyday foods in the lunchbox and look forward to sometimes food for dessert every Friday." Pete, father of two.



This is a free service

10am to 12pm

## Dates:

### Term 2

30/04/2025

14/05/2025

28/05/2025

11/06/2025

25/06/2025

## Coming up:

Thursday 10 April

Assembly at school 2.00pm

Last day of Term 1:

Friday 11 April

## Term 2

Finlayson Sports Day

Wednesday 14 May

Back-up day in the event of bad weather:

Wednesday 4 June

Eisteddfod 22 May



Keep an eye on the **School Bytes** calendar for upcoming events.

As well as signing consent notes for events/excursions and fees related to excursions.

If you are having any problems with School Bytes, please see Fiona in the office for advice.



Education